

## **Sethisms vol 2**

*Tune your guitar if you want to play with the band*

*Gratitude is a hell of a drug*

*Work hard, rest more*

*Protect your energy*

*Mother nature's always right*

*Health is an inside job*

*The shortest distance isn't always the best route*

*The key to life is balance*

*Lettuce is the new bread*

*The universe is co-created by you. Act accordingly*